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#### Abbreviations:

<b>St</b> – stitch/stitches	<b>Ch</b> – chain	<b>Sl-st</b> – slip stitch
<b>Sc</b> – single crochet	<b>Hdc</b> – half double crochet	<b>Dc</b> – double crochet
<b>Tr</b> – treble	<b>Dtr</b> – double treble	<b>Fp</b> – front post – please refer to <b>Special stitches</b>
<b>Bp</b> – back post – please refer to <b>Special stitches</b>	<b>Puff</b> – puff stitch – please refer to <b>Special stitches</b>	<b>Pearl</b> – pearl stitch – please refer to <b>Special stitches</b>
<b>Pc</b> – popcorn – please refer to <b>Special stitches</b>	<b>V-hdc</b> – V-half double crochet – please refer to <b>Special stitches</b>	<b>V-st</b> – V-double crochet – please refer to <b>Special stitches</b>
<b>X-dc</b> – crossed double crochet – Please refer to <b>Special stitches</b>	<b>Long dc</b> – long (or spike) double crochet – please refer to <b>Special stitches</b>	<b>Long sc</b> – long (or spike) single crochet – please refer to <b>Special stitches</b>
<b>* *</b> – Repeat from * to * around (or the number of times indicated).	Hints are written in <i>italics</i> and/or in brackets [ ].	<b>»» ««</b> – Repeat from »» to «« the number of times indicated.

#### NOTES:

1. *In order to make sure you understand the instructions, please read the instructions prior to crocheting.*
2. *Count your stitches after each round.*
3. **Begin each round with** standing stitch or ch 1 and the appropriate stitch (e.g. dc) in the same stitch.
4. **End each round** with slip stitch into first stitch or – like I do – with an invisible join. It takes a little longer to finish each round, but believe me, you will be happy once your work is done, and you have to sew in ends and realize you have only two ends to sew in as opposed to at least 170 if you do all 85 rounds of Frigg and begin each round with a new colour.



## **SPECIAL STITCHES:**

**BP – Back Post** (hdc or dc) – insert hook from the back around the stem back to the back side of indicated stitch. Finish hdc or dc like a normal hdc or dc.

**FP – Front Post** (hdc or dc) – insert hook from the front around the stem and back to the front side of indicated stitch. Finish hdc or dc like a normal hdc or dc.

**DTr – Double Treble** – Yarn over thrice, insert hook in indicated stitch, pull a loop up, (5 loops on hook), (yarn over, draw through 2 loops) 4 times.

**Long Sc – Spike (or long) single crochet** – A spike single crochet is an sc which is made in a stitch in a round below current round. Pull loop to the level of current round. Make sure it is not too tight. Finish long sc like you would do with a normal sc.

**Long Dc – Spike (or long) double crochet** – A spike double crochet is a double crochet which is made in a stitch in a round below current round. Pull loop to the level of current round and make sure it is not too tight. Finish long dc like you would do with a normal dc.

**Pc – Popcorn** – 5 dc in same stitch, remove hook from loop, insert from front to back of 1st dc and into dropped loop, pull through. Close with a ch 1, which does not count as a stitch and is not counted in any chains you may have to make after the Pc.

**Pearl – Pearl stitch** – Dc, then make a puff stitch **around** the stem of the dc, like this: (yarn over, insert hook around the stem of the dc, yarn over, pull a loop up) 4 times [9 loops on hook], yarn over, pull through all 9 loops. Close with a ch1 which does not count as a stitch.

**Puff** – Yarn over, insert hook in next stitch or space and pull up a loop, yarn over, insert hook into same stitch or space and pull up a loop 3 times (9 loops on hook), yarn over and pull through all 9 loops. Close with a ch 1 which does not count as a stitch.

**Tr – Treble** – Yarn over twice, insert hook in indicated stitch, pull a loop up, (4 loops on hook), (yarn over, draw through 2 loops) 3 times.

**V-hdc – V-Half double crochet** – (hdc1, ch1, hdc1) in same stitch or chain.

**V-dc – V-Double crochet** – (dc1, ch1, dc1) in same stitch or chain.

**X-dc – Crossed double crochet** – skip next st, dc1 in next st, dc1 in skipped st.



## Pattern Instructions:

### Round 42:

**Join yarn in any new corner with** standing dc or sl-st until ch2 corner space, then ch3 [= dc1]:  
(Dc1, ch2, dc2) in same corner space.

\* Dc1 in next 6 st [*do not omit the hidden st*].

<< Pc [*Popcorn – please refer to special stitches*] in next st, dc1 in next 9 st >> 8 times

Pc in next st, dc1 in next 6 st \*

Repeat from \* to \* 3 more times. Join with sl-st or invisible join in first st.

Stitch count: 388 st = 36 Pc, 352 Dc, 4 ch2 corners

Per side: 97 st = 9 Pc, 88 Dc.

[*Popcorn may be made in same colour as Dc, or you may choose to crochet Pc in a different colour like I did. In this version of Frigg, I made Pc white and Dc yellow.*]

*The arrow on third photo shows the wrong side of my work to illustrate how I made my Dc's around the white yarn that I let follow the work onwards to the next Pc to be made.*

*If you choose to do likewise, please do not make it too tight*].

*Here is a photo tutorial of how to work with two colours in a round.*

<http://www.garnstudio.com/video.php?id=145&lang=us>



# F r i g g



## Round 43:

**Join yarn in any new corner with** standing sc or sl-st until ch2 corner space, then ch1 [= sc1]:  
(Ch2, sc1) in same corner space.

\* Sc1 in next 97 st across [*do not omit the hidden st*] \*.

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 396 Sc, 4 ch2 corners

Per side: 99 Sc.







## Round 44:

**Join yarn in any new corner with** standing hdc, then (ch2, hdc1) in same corner space or ch2 [= hdc1] and (ch2, hdc1) in same corner space:

\* Hdc1 in next 11 st [*do not omit the hidden st*],

<<Fpdc1 around dc of Round 42 [*which is second dc after Pc*], skip 1 st [*behind Fpdc*], hdc1 in next st,

Fpdc1 around dc from Round 42, skip 1 st [*behind Fpdc*], hdc1 in next st,

Fpdc1 around dc of Round 42, skip 1 st [*behind Fpdc*], hdc1 in next st,

Fpdc1 around dc of Round 42, skip 1 st [*behind Fpdc*], hdc1 in next 3 st, >> 8 times,

Hdc1 in next 8 st

(Hdc1, ch2, hdc1) in corner space \*.

Repeat from \* to \* 3 more times. Omit the last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 404 st = 276 Hdc, 128 Fpdc, 4 ch2 corners

Per side: 101 st = 69 Hdc, 32 Fpdc.

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***If you prefer a relaxed Round 44, please feel free to crochet as follows:***

**Join yarn in any new corner with** standing hdc then (ch2, hdc1) in same corner space or sl-st until ch2 corner space then ch4 [= hdc1 plus ch2], hdc1 in same corner space.

\* Hdc1 in next 99 st across [*do not omit the hidden st*] \*.



\*\*\*\*\*



Repeat from \* to \* 3 more times. Join with sl-st or invisible join in first st.

*In which case your stitch count will be as follows:*

Stitch count: 404 Hdc, 4 ch2 corners  
Per side: 101 Hdc.



## **Round 45:**

*In this Round there is no hidden stitch. You will make Bpdc around the stem of each st, and the stem not hidden behind the stitches in the corners.*

**Join yarn in any new corner with** standing dc or sl-st until ch2 corner space and ch3 [=dc1]:

(Dc1, ch2, dc2) in the same corner space.

\* Bpdc1 around each stitch across, (dc2, ch2, dc2) in next corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 420 st = 404 Bpdc, 16 dc, 4 ch2 corners

Per side: 101 Bpdc, 4 Dc.

*If you are uncomfortable with Bp stitches, you may choose to turn your work to the wrong side and crochet Fpdc around each stitch across. Your work will then look like this (see photo).*

*But be sure to turn your work to the right side again before you begin crocheting Round 46.*





## Round 46:

**Join yarn in any new corner with standing hdc**

or ch2 [=hdc1]

(Hdc1, ch2, hdc2) in same corner space.

\* Hdc1 in next 105 st [*do not omit the hidden st*], (hdc2, ch2, hdc2) in next corner ch2 space  
\*

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 436 Hdc, 4 ch2 corners  
Per side: 109 Hdc.



## Round 47:

**Join yarn in any new corner with standing hdc**

or sl-st until ch2 corner space and ch2 [=hdc1]  
(Hdc1, ch2, hdc2) in the same corner space.

\* Sc1 in next 109 st [*do not omit the hidden st*]. (Hdc2, ch2, hdc2) in next corner ch2 space  
\*

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 452 st = 436 Sc, 16 Hdc, 4 ch2 corners  
Per side: 113 st = 109 Sc, 4 Hdc.







## Round 48:

*Depending on how tight your tension is, you may wish to crochet ch3 instead of ch2.*

**Join yarn in any new corner with** standing sc  
Or sl-st until ch2 corner space and ch1 [= sc1].  
(Ch2, sc1) in the same corner space.

\* Ch2, skip 2 st [*one of which is the hidden st*],  
Sc1 in next st,

<<ch2, skip 2 st, sc1 in next st >> 36 times,

ch2, skip 2 st, (sc1, ch2, sc1) in the next corner  
ch2 space. \*

Repeat from \* to \* 3 more times. Omit last  
group at the corner. Join with sl-st or invisible  
join in first st.

Stitch count: 156 Sc, 152 Ch2 spaces, 4 ch2  
corners

Per side: 39 Sc, 38 Ch2 spaces.



## Round 49:

**Join yarn in any new corner with** standing  
hdc  
or sl-st until corner ch2 space and ch2 [= *hdc1*]  
then (hdc1, ch2, hdc2) in the same corner  
space.

\* Ch1, skip 1 st [*which is the hidden st*],

<<hdc2 in ch2 space, ch1, skip 1 st >> across.  
(hdc2, ch2, hdc2) in the next corner ch2 space  
\*.

Repeat from \* to \* 3 more times. Omit last  
group at the corner. Join with sl-st or invisible  
join in first st.

Stitch count: 320 Hdc, 156 Ch1 spaces, 4 ch2  
corners

Per side: 80 Hdc, 39 Ch1 spaces.







## Round 50:

**Join yarn in any new corner with** standing sc or sl-st until ch2 corner space and ch1 [=sc1] then (ch2, sc1) in the same corner space.

\* Skip the hidden st, sc2 in next st, sc1 in ch1 space, skip next st,

<<sc2 in next st, sc1 in ch1 space, skip next st  
>> 38 times

sc2 in next st, (sc1, ch2, sc1) in next corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 484 Sc, 4 ch2 corners

Per side: 121 Sc.



*The first 50 rounds of yet to be blocked Frigg.  
Made with MoYa Aran Caresse. Measures  
70 cm x 70 cm.*



*First 50 rounds of Frigg made with MoYa DK. Each one measures 60.5 x 60.5 cm:*



You have now finished Week 5 of Frigg Cal. I sincerely hope you have enjoyed working on Frigg. See you in a week for Week 6, rounds 51 through 56.