

## F r i g g



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### Abbreviations:

<b>St</b> – stitch/stitches	<b>Ch</b> – chain	<b>Sl-st</b> – slip stitch
<b>Sc</b> – single crochet	<b>Hdc</b> – half double crochet	<b>Dc</b> – double crochet
<b>Tr</b> – treble	<b>Dtr</b> – double treble	<b>Fp</b> – front post – please refer to <b>Special stitches</b>
<b>Bp</b> – back post – please refer to <b>Special stitches</b>	<b>Puff</b> – puff stitch – please refer to <b>Special stitches</b>	<b>Pearl</b> – pearl stitch – please refer to <b>Special stitches</b>
<b>Pc</b> – popcorn – please refer to <b>Special stitches</b>	<b>V-hdc</b> – V-half double crochet – please refer to <b>Special stitches</b>	<b>V-st</b> – V-double crochet – please refer to <b>Special stitches</b>
<b>X-dc</b> – crossed double crochet – Please refer to <b>Special stitches</b>	<b>Longdc</b> – long (or spike) double crochet – please refer to <b>Special stitches</b>	<b>Longsc</b> – long (or spike) single crochet – please refer to <b>Special stitches</b>
<b>* *</b> – Repeat from * to * around (or the number of times indicated).	Hints are written in <i>italics</i> and/or in brackets [ ].	<b>»» ««</b> – Repeat from <b>»»</b> to <b>««</b> the number of times indicated.

### NOTES:

1. *In order to make sure you understand the instructions, please read the instructions prior to crocheting.*
2. *Count your stitches after each round.*
3. ***Begin each round with*** standing stitch or ch 1 and the appropriate stitch (e.g. dc) in the same stitch.
4. *End each round with slip stitch into first stitch or – like I do – with an invisible join. It takes a little longer to finish each round, but believe me, you will be happy once your work is done, and you have to sew in ends and realize you have only two ends to sew in as opposed to at least 170 if you do all 85 rounds of Frigg and begin each round with a new colour.*

**SPECIAL STITCHES:**

**BP – Back Post** (hdc or dc) – insert hook from the back around the stem back to the back side of indicated stitch. Finish hdc or dc like a normal hdc or dc.

**FP – Front Post** (hdc or dc) – insert hook from the front around the stem and back to the front side of indicated stitch. Finish hdc or dc like a normal hdc or dc.

**DTr – Double Treble** – Yarn over thrice, insert hook in indicated stitch, pull a loop up, (5 loops on hook), (yarn over, draw through 2 loops) 4 times.

**LongSc – Spike (or long) single crochet** – A spike single crochet is an sc which is made in a stitch in a round below current round. Pull loop to the level of current round. Make sure it is not too tight. Finish long sc like you would do with a normal sc.

**LongDc – Spike (or long) double crochet** – A spike double crochet is a double crochet which is made in a stitch in a round below current round. Pull loop to the level of current round and make sure it is not too tight. Finish long dc like you would do with a normal dc.

**Pc – Popcorn** – 5 dc in same stitch, remove hook from loop, insert from front to back of 1st dc and into dropped loop, pull through. Close with a ch 1, which does not count as a stitch and is not counted in any chains you may have to make after the Pc.

**Pearl – Pearl stitch** – Dc, then make a puff stitch **around** the stem of the dc, like this: (yarn over, insert hook around the stem of the dc, yarn over, pull a loop up) 4 times [9 loops on hook], yarn over, pull through all 9 loops. Close with a ch1 which does not count as a stitch.

**Puff** – Yarn over, insert hook in next stitch or space and pull up a loop, yarn over, insert hook into same stitch or space and pull up a loop 3 times (9 loops on hook), yarn over and pull through all 9 loops. Close with a ch 1 which does not count as a stitch.

**Tr – Treble** – Yarn over twice, insert hook in indicated stitch, pull a loop up, (4 loops on hook), (yarn over, draw through 2 loops) 3 times.

**V-hdc – V-Half double crochet** – (hdc1, ch1, hdc1) in same stitch or chain.

**V-dc – V-Double crochet** – (dc1, ch1, dc1) in same stitch or chain.

**X-dc – Crossed double crochet** – skip next st, dc1 in next st, dc1 in skipped st.

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**Pattern Instructions:****Round 36:**

**Join yarn in any new corner with** standing hdc.  
(Hdc1, ch2, hdc2) in same corner space.

**Or sl-st to corner ch2 space, ch2 [= hdc1]**  
(Hdc1, ch2, hdc2) in same corner space.

\* Sc1 in next 79 st [*do not omit the hidden st*].  
(Hdc2, ch2, hdc2) in next corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit the last group at the corner. Join with sl-st or invisible join in first st.

**Stitch count:** 332 st = 316 Sc, 16 Hdc, 4 ch2 corners  
Per side: 79 Sc, 4 Hdc.



**Round 37:**

*In this Round Fpdc and Fptr will be made in Round 35, whereas sc will be made in Round 36, [i.e. Fpdc in every other hdc of Round 35, sc in every other sc of Round 36].*

**Join yarn in any new corner with** standing sc. (Ch2, sc1) in same corner space.

**Or sl-st to corner ch2 space**, then ch1 [= sc1]. (Ch2, sc1) in same corner space.

\* Sc1 in next 2 st [*do not omit the hidden st*],

Fptr1 around next 2 st [*i.e. corner st of Round 35*], skip 2 st [*which are behind Fptr*], sc in next st,

<<Fpdc around next st [*of Round 35*], skip 1 st [*which is behind Fpdc*], sc1 in next st [*of round 36*]  
>> 37 times,

Fptr around each corner st of Round 35, skip 2 st [*behind Fptr*], sc1 in next 2 st. (Sc1, ch2, sc1) at corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

**Stitch count:** 340 st = 176 Sc, 148 Fpdc, 16 Fptr, 4 ch2 corners

Per side: 44 Sc, 37 Fpdc, 4 Fptr.



**Round 38:**

**Join yarn in any new corner with** standing hdc.  
(Ch2, hdc1) in the same corner space.

**Or sl-st to corner ch2 space** and ch4 [= *hdc1 plus ch2*], hdc1 in the same corner space.

\* Hdc in next 85 st [*do not omit the hidden st*].  
(Hdc1, ch2, hdc1) in corner \*.

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in standing hdc or 2<sup>nd</sup> ch of initial ch4.

Stitch count: 348 Hdc, 4 ch2 corners  
Per side: 87 Hdc.

**Round 39:**

**Join yarn in any new corner with** standing hdc.  
(Ch2, hdc1) in the same corner space.

**Or sl-st to corner ch2 space** and ch4 [= *hdc1 plus ch2*], hdc1 in the same corner space.

\* Hdc1 in next 2 st [*do not omit the hidden st*], ch1, skip 1 st.

<< hdc in next st, ch1, skip 1 st >> 41 times,  
hdc1 in next 2 st. (Hdc1, ch2, hdc1) in corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit the last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 188 Hdc, 168 ch1 spaces, 4 ch2 corners  
Per side: 47 Hdc, 42 ch1 spaces.



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**Round 40:**

**Join yarn in any new corner with** standing hdc.  
(Ch2, hdc1 in the same corner space).

**Or sl-st to the corner ch2 space** and ch4 [= *hdc1 plus ch2*], hdc1 in the same corner space.

\* Hdc in next 2 st [*do not omit the hidden st*], ch1, skip 1 st

<< hdc in next ch1 space, ch1, skip 1 st >> 42 times

hdc in next 2 st. (Hdc1, ch2, hdc1) in corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit the last group at the corner. Join with sl-st or invisible join in standing hdc or 2<sup>nd</sup> ch of initial ch4.

Stitch count: 364 st = 192 Hdc, 172 ch1 spaces, 4 ch2 corners

Per side: 48 Hdc, 43 ch1 spaces.



**Round 41:**

*In this Round, make your Hdc in the stitches of Round 40 and your Dc in the stitches of Round 39.*

**Join yarn in any new corner with** standing hdc, (ch2, hdc1) in the same corner space.

**Or sl-st to corner ch2 space** and ch4 [= hdc1 plus ch2], hdc1 in the same corner space.

\* Hdc in next 3 st [*do not omit the hidden st*],

<< Dc in skipped st of Round 39, hdc in next st [*of Round 40*] >> 43 times.

Hdc in next 2 st. (Hdc1, ch2, hdc1) at corner ch2 space \*.

Repeat from \* to \* 3 more times. Omit last group at the corner. Join with sl-st or invisible join in first st.

Stitch count: 372 st = 200 Hdc, 172 Dc, 4 ch2 corners

Per side: 50 Hdc, 43 Dc.



You have now finished Week 4 of Frigg Cal. I sincerely hope you have enjoyed working on Frigg.

See you in a week for Week 5, rounds 42 through 50.