



Pattern tested by: Lis Engelund, Majbrit Rasmussen Jensen, Tanya Fomsgaard Adsbøl, and Jane Johansen

### Abbreviations:

<b>St</b> – stitch/stitches	<b>Ch</b> – chain	<b>Sl-st</b> – slip stitch
<b>Sc</b> – single crochet	<b>Hdc</b> – half double crochet	<b>Dc</b> – double crochet
<b>Tr</b> – treble	<b>Dtr</b> – double treble	<b>Fp</b> – front post – please refer to <b>Special stitches</b>
<b>Bp</b> – back post – please refer to <b>Special stitches</b>	<b>Puff</b> – puff stitch – please refer to <b>Special stitches</b>	<b>Pearl</b> – pearl stitch – please refer to <b>Special stitches</b>
<b>Pc</b> – popcorn – please refer to <b>Special stitches</b>	<b>V-hdc</b> – V-half double crochet – please refer to <b>Special stitches</b>	<b>V-st</b> – V-double crochet – please refer to <b>Special stitches</b>
<b>X-dc</b> – crossed double crochet – Please refer to <b>Special stitches</b>	<b>Long dc</b> – long (or spike) double crochet – please refer to <b>Special stitches</b>	<b>Long sc</b> – long (or spike) single crochet – please refer to <b>Special stitches</b>
<b>* *</b> – Repeat from * to * around (or the number of times indicated).	Hints are written in <i>italics</i> and/or in brackets [ ].	<b>»» ««</b> – Repeat from »» to «« the number of times indicated.

### NOTES:

1. *In order to make sure you understand the instructions, please read the instructions prior to crocheting.*
2. *Count your stitches after each round.*
3. ***Begin each round with** standing stitch or ch 1 and the appropriate stitch (e.g. dc) in the same stitch.*
4. ***End each round** with slip stitch into first stitch or – like I do – with an invisible join. It takes a little longer to finish each round, but believe me, you will be happy once your work is done, and you have to sew in ends and realize you have only two ends to sew in as opposed to at least 170 if you do all 85 rounds of Frigg and begin each round with a new colour.*



Here is a guide to invisible join:

Photo 1.



Photo 2.



Photo 3.



Photo 4.



Photo 5.



Photo 6.



## ***SPECIAL STITCHES:***

**BP – Back Post** (hdc or dc) – insert hook from the back around the stem back to the back side of indicated stitch. Finish hdc or dc like a normal hdc or dc.

**FP – Front Post** (hdc or dc) – insert hook from the front around the stem and back to the front side of indicated stitch. Finish hdc or dc like a normal hdc or dc.

**DTr – Double Treble** – Yarn over thrice, insert hook in indicated stitch, pull a loop up, (5 loops on hook), (yarn over, draw through 2 loops) 4 times.

**LongSc – Spike (or long) single crochet** – A spike single crochet is an sc which is made in a stitch in a round below current round. Pull loop to the level of current round. Make sure it is not too tight. Finish long sc like you would do with a normal sc.

**LongDc – Spike (or long) double crochet** – A spike double crochet is a double crochet which is made in a stitch in a round below current round. Pull loop to the level of current round and make sure it is not too tight. Finish long dc like you would do with a normal dc.

**Pc – Popcorn** – 5 dc in same stitch, remove hook from loop, insert from front to back of 1st dc and into dropped loop, pull through. Close with a ch 1, which does not count as a stitch and is not counted in any chains you may have to make after the Pc.



**Pearl – Pearl stitch** – Dc, then make a puff stitch **around** the stem of the dc, like this:

(yarn over, insert hook around the stem of the dc, yarn over, pull a loop up) 4 times [9 loops on hook], yarn over, pull through all 9 loops. Close with a ch1 which does not count as a stitch.

**Puff** – Yarn over, insert hook in next stitch or space and pull up a loop, yarn over, insert hook into same stitch or space and pull up a loop 3 times (9 loops on hook), yarn over and pull through all 9 loops. Close with a ch 1 which does not count as a stitch.

**Tr – Treble** – Yarn over twice, insert hook in indicated stitch, pull a loop up, (4 loops on hook), (yarn over, draw through 2 loops) 3 times.

**V-hdc – V-Half double crochet** – (hdc1, ch1, hdc1) in same stitch or chain.

**V-dc – V-Double crochet** – (dc1, ch1, dc1) in same stitch or chain.

**X-dc – Crossed double crochet** – skip next st, dc1 in next st, dc1 in skipped st.

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## Pattern Instructions:

### **Begin with a magic ring**

<https://www.youtube.com/watch?v=sLUaywX0-WE>

**OR – if you are not comfortable with magic ring,** you may wish to make a ring like this: ch4, join with sl-st.

### **Round 1:**

Ch3 [counts as your first Dc] and Dc11 in ring. Join with sl-st or invisible join in top of ch3.

Stitch Count: 12 dc.

### **Round 2:**

Ch3 [counts as your first Dc], dc1 in same st. Dc2 in each st. around. Join with sl-st or invisible join in first st.



Stitch count: 24 dc.





# F r i g g



<p><b>Round 3:</b>  <b>Join yarn with</b> standing sc or ch1 and sc in same st.</p> <p>sc2 in next st.</p> <p>* Sc1 in next st, sc2 in next st *. Repeat from * to * around. Join with sl-st or invisible join in first sc.</p> <p><u>Stitch count:</u> 36 sc.</p>	
<p><b>Round 4:</b>  <b>Join yarn with</b> standing dc or ch3 [= <i>first dc</i>].</p> <p>Dc1 in the previous st [<i>your first X-dc is made</i>].  Ch1.</p> <p>* Skip 1 st, X-dc, ch1 *.</p> <p>Repeat from * to * around. Join with sl-st or invisible join in first st or in the top of ch3.</p> <p><u>Stitch count:</u> 18 X-dc, 18 ch1.</p>	



## Round 5:

*In this round, all stitches will be made in ch1 space and in the space between dc2 which form X-dc of previous round.*

**Join yarn with** standing dc or ch3 in any ch1 space.

Dc1 in space of X-dc. Finish a Pearl st [*please refer to special stitches – and please remember to finish Pearl st with ch1, which does not count as a separate st*].

Dc1 in next ch1 space.

\* Pearl st in next space of X-dc, dc1 in next ch1 space \*.

Repeat from \* to \* around. Pearl st in last space of X-dc.

Join with sl-st or invisible join in first st or in the top of ch3.

Stitch count: 18 pearls, 18 dc.



## Round 6:

*In this round you will work sc1 in top of Pearl st [in the puff part of Pearl st] and in Dc between Pearl st.*

**Join yarn with** standing sc or ch1 and sc in any dc made between two Pearl st,

Ch1, sc1 in top of next Pearl st, ch1.

\* Sc1 in next st, ch1, sc1 in next pearl st, ch1 \*


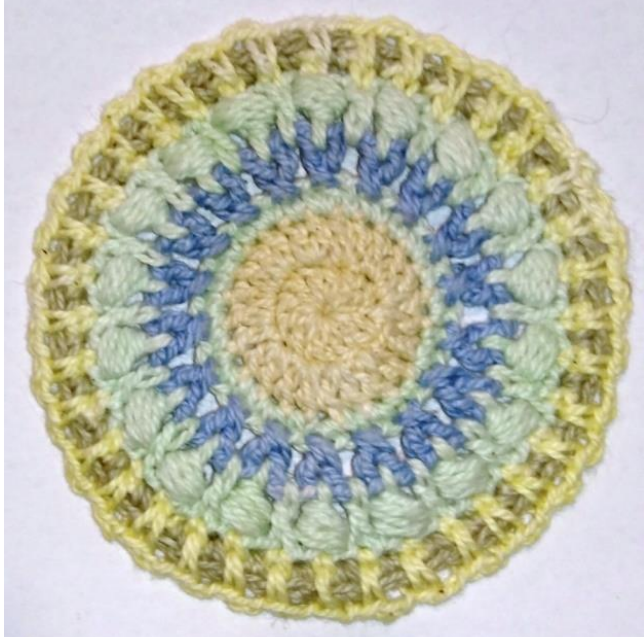
Repeat from \* to \* around. Join with sl-st or invisible join in first st.

Stitch count: 36 sc, 36 ch1.







<p><b>Round 7:</b>  <i>Feel free to make ch2 instead of ch1 if your work looks better that way.</i></p> <p><b>Join yarn with</b> standing sc or ch1 [= first sc] in any ch1 sp:</p> <p>Ch1, skip next st.</p> <p>* Sc1 in ch space, skip next st, ch1 *. Repeat from * to * around. Join with sl-st or invisible join in first st.</p> <p><u>Stitch count:</u> 36 sc, 36 ch1.</p>	
<p><b>Round 8:</b>  <b>Join yarn with</b> a standing LongSc in any skipped sc of Round 6 <u>or</u> ch1, [not counting as a st], LongSc in any skipped sc of round 6.              Ch2.</p> <p>* LongSc in skipped sc of Round 6 [please make sure your tension is not too tight]. Ch2. *</p> <p>Repeat from * to * around.</p> <p>Join with sl-st or invisible join in first st.</p> <p><u>Stitch count:</u> 36 LongSc, 36 ch2.</p>	



## Round 9:

*Please note that your work will be wavy after this round (and possibly next few rounds). It will straighten out later on.*

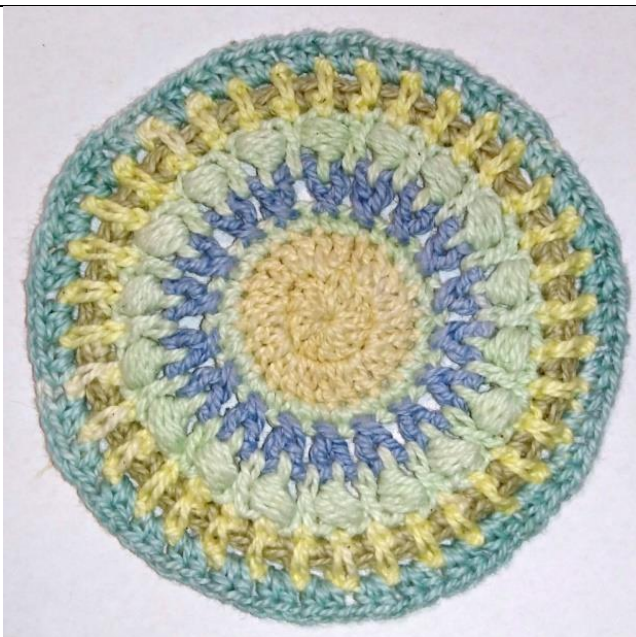
**Join yarn with** standing hdc or ch2 [= hdc1] in any ch2 space.

Hdc1 in same ch2 space, ch1, skip next st.

\* Hdc2 in ch2 space, ch1, skip next st \*.

Repeat from \* to \* around. Join with sl-st or invisible join in first st.

Stitch count: 72 hdc, 36 ch1.



## Round 10:

*Depending on your personal tension, you may want to crochet ch2 instead of ch1 between V-dc. Or you may choose to skip ch1 between V-dc. For instructions as to V-dc, please refer to special stitches.*

**Join yarn with** a standing dc in any ch1 space or sl-st to the next ch1 space and make ch3 [= dc1]. (ch1, dc1) in same ch1 space. [*this is your first V-dc*], ch1.

\* V-dc1 in next ch1 space, ch1 \*. Repeat from \* to \* around.

Join with sl-st or invisible join in first dc of first V-dc.

Stitch count: 36 V-dc, 36 ch1.







## Round 11:

*You may wish to make these small 'flowers' from the wrong side of your work. It may be easier for you to make them bend correctly, if you work on the wrong side.*

**Join yarn with** standing sc or ch1, sc1 in ch space of any V-dc.

Make small flowers in ch space like this:

(Sc1, tr1, dtr1, sc1) in ch space of V-dc.

*[A small bubble-like flower will occur – and please make sure to crochet sc1 of each 'flower' tight in order for the tr1 and the dbtr1 to bend towards you].*

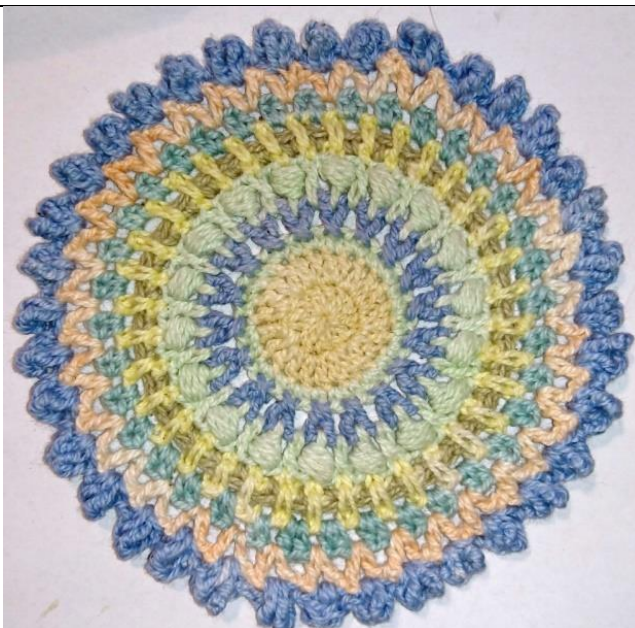
Make a 'flower' in each V-dc around.

Join with sl-st or invisible join in first sc of 'flower'.

**Stitch count:** 36 'flowers' [each made from (sc1, tr1, dtr1, sc1)].

*Please observe that the look of these small 'flowers' is irregular compared to e.g. popcorns. Irregular in look is exactly what I intended them to be when I designed Frigg.*

*The 'flowers' on first photo were made on the right side of the work, the 'flowers' on second photo were made on the wrong side of the work.*





**Round 12:**

*In this round, you will crochet LongDc2 between V-Dc of Round 10. If your tension is very tight, you may choose to make LongTr2 instead of LongDc2. For instructions as to LongDc, please refer to special stitches.*

***If you chose to make the small 'flowers' on the wrong side of your work, please turn to the right side before starting this round.***

**Join yarn with** a standing LongDc1 or ch1 followed by LongDc1 in the ch1 space between any two V-Dcs of Round 10.

LongDc1 in same space, sc1 behind next 'flower'

\* LongDc2 in the ch1 space between next V-Dcs of Round 10, sc1 behind next 'flower' \*.

Repeat from \* to \* around. Join with sl-st or invisible join in first LongDc.

Stitch count: 72 LongDc, 36 sc (108 sts).

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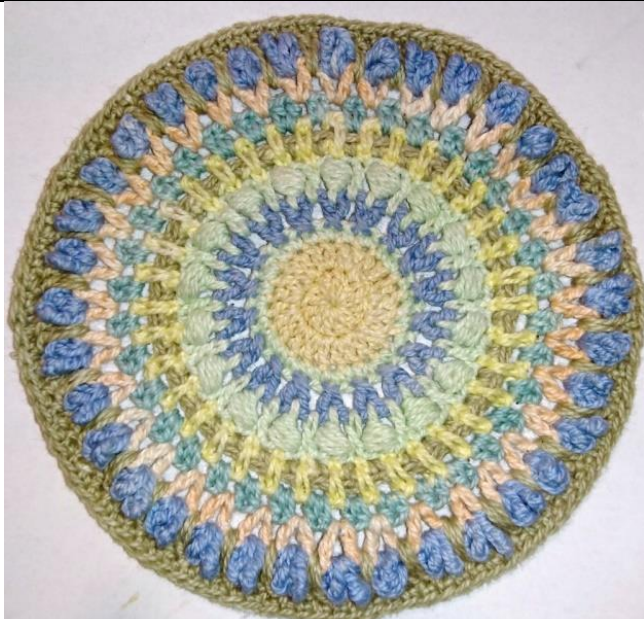
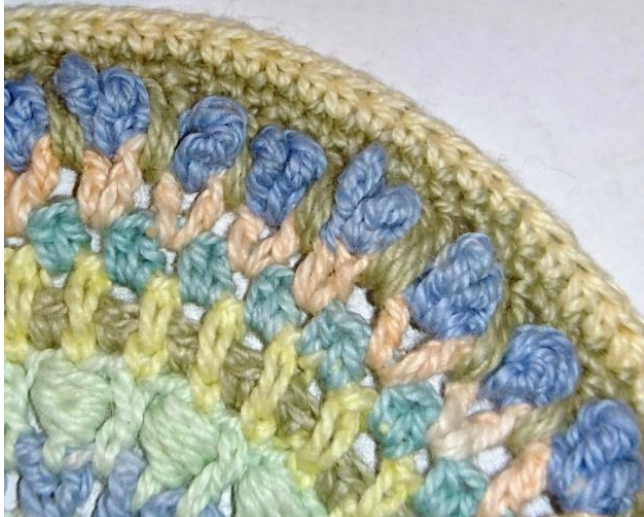
*If you consider your work looks too 'knobbly' by now, you may choose to crochet this round like this instead of above-mentioned instructions:*

\* LongDc1 in ch1 space between next 2 V-Dcs of Round 10, sc2 behind next 'flower' \*

Stitch count: 36 LongDc, 72 sc (108 sts).





<p><b>Round 13:</b>  <b>Join yarn with</b> standing sc in any stitch or ch1 and sc1 in same stitch.</p> <p>Sc1 in each st around. Join with sl-st or invisible join in first sc.</p> <p><u>Stitch count:</u> 108 sc</p>	
<p><b>Round 14:</b>  <b>Join yarn with</b> standing hdc or ch2 [= <i>hdc1</i>] in any stitch.</p> <p>Hdc1 around. Join with sl-st or invisible join in first hdc.</p> <p><u>Stitch count:</u> 108 hdc</p>	







<p><b>Round 15:</b>  <b>Join yarn with</b> standing sc or ch1 and sc1 in any stitch.          Sc1 in next 7 st, sc2 in next st.</p> <p>* Sc1 in next 8 st, sc2 in next st * Repeat from * to * around. Join with sl-st or invisible join in first sc.</p> <p><u>Stitch count:</u> 120 sc</p>	
<p><b>Round 16:</b>  <b>Join yarn with</b> a standing sc or ch1 and sc1 in any stitch,          ch2, skip next st.</p> <p>* Sc1, ch2, skip 1 st * Repeat from * to * around.          Join with sl-st or invisible join in first sc.</p> <p><u>Stitch count:</u> 60 sc, 60 ch2.</p>	



Photo kindly provided by Jane Johansen. Made with MoYa Piccolo

You have now finished Week 1 of Frigg Cal. I do hope you have enjoyed working on Frigg. See you in a week for Week 2, rounds 17 through 28.

